

NAME: \_\_\_\_\_

Family Foods  
20 points possible

### ADJUSTING RECIPES



The ingredients listed below for preparing the Old Fashion Gingerbread would make enough for six to eight servings, but you only want to make enough for three to four servings. Explain what you have to do to adjust the standard measurements given for each list of ingredients. Then rewrite each list of ingredients with the adjusted measurements.

**1. Old - Fashioned Gingerbread**

- 1 ½ c. unsifted all-purpose flour**
- 1 ½ tsp. baking soda**
- ¼ tsp. salt**
- ½ tsp. ground cinnamon**
- ½ tsp. ground ginger**

- ¼ tsp. ground cloves**
- 1 egg**
- 1 c. light molasses**
- ½ c. butter or margarine, melted**
- confectioners' sugar (optional)**

**Method of adjusting ingredients** \_\_\_\_\_

**Adjusted measurements:**

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The ingredients listed for the Chicken with Brown and Wild Rice recipe below would only make eight servings, and you wish to prepare enough to serve twelve. Explain what you have to do to adjust the standard measurements given for each list of ingredients. Then rewrite each list of ingredients with the adjusted measurements.

**2. Chicken with Brown and Wild Rice**

- 1 c. cornflakes, crushed**
- 1 tsp. curry powder**
- 4 whole chicken breasts, skinned, boned & halved**
- 1 c. buttermilk, strained**
- ½ c. pineapple, canned, unsweetened, crushed & drained**
- 2 ¼ c. chicken broth**
- ½ c. wild rice**
- ½ c. brown rice**

**Method of adjusting ingredients:** \_\_\_\_\_

**Adjusted measurements:**

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