



# Food Presentation

## Entrée Guidelines

- Students you will be presenting an entrée that you have prepared for yourself or your family.
- The dish must include a minimum of 5 ingredients and can be a breakfast, lunch, dinner or dessert.
- **YOU CANNOT MAKE A SANDWICH OR SOMETHING SIMILAR.**
- Your entrée must be approved by Mr. Hudec prior to creating the dish at home.

## Presentation Guidelines

- Your presentation must include the following items.
  - o A minimum of 5 slides detailing the steps you took to complete your entrée
  - o 6 Photographs of you preparing your entrée and a minimum of 2 photographs of the final plating.
  - o Your presentation can be completed using poster board, Google Present, PowerPoint, Prezi or any other multimedia format.
  - o Your presentation will be a minimum of 8-10 minutes long.
  - o Include a breakdown of the nutritional values of the entrée. You will need to create a food pyramid detailing your entrée as well as a total calorie, sodium, protein, fat and carbohydrates values.