



Name \_\_\_\_\_  
Hr. \_\_\_\_\_, \_\_\_\_\_/15 points  
Family Foods



## *Super Size Me Video Questions*

### DAY 1

1. Why does the video describe our surroundings as a toxic environment?
2. Why do you think obesity can be accepted as a killer when smoking is not?
3. What are some of the physical and emotional impacts of obesity?
4. Describe your reaction to the processing procedure of Chicken McNuggets.

### DAY 2

5. How is our nation becoming "McDonaldized"?
6. How does advertising affect children's food choices?
7. What have been some of the impacts of fast food on our schools?
8. What was different about the Appleton Central High School's meal plan? What impact did it have on its students?

9. What role can physical and nutrition education play in our health?
  
10. What are the nutritionists' recommendations for eating fast food?
  
11. List some health problems Morgan started experiencing up until this point. Were there any conditions that surprised you?

### **DAY 3**

12. How can government promote healthy lifestyles in the United States?
  
13. Do you believe our government is part of the obesity problem in the United States? Why or why not?
  
14. What were Morgan's beginning and ending weights? How does this impact your opinion of fast food?

### **FINAL QUESTION**

15. How much personal responsibility should Americans take for our obesity rates vs. how much responsibility corporations should take? Explain.